

Instructions for use

QUIXX®

The nose is the gateway to our breathing passages and protects our lungs. A healthy nose filters the air retaining particles as small as a pollen grain, humidifies the air we breathe and warms cold air to body temperature before the air enters our lungs.

In cold, flu and allergies, accompanied by nasal congestion or runny nose, these nasal functions are impaired. Quixx® relieves nasal congestion, helps to restore normal nasal functions and improves nasal breathing.

1. WHAT QUIXX® IS AND HOW IT ACTS

100 ml of Quixx® contains 84.6 ml natural sea water and 15.4 ml purified water. The solution is clear, colourless and odourless.

Quixx® is a hypertonic nasal spray (salt concentration is equivalent to approx. 26 g NaCl per litre). It contains natural sea water from the Atlantic Ocean with valuable minerals and trace elements.

Quixx® is a natural aid for congested nasal cavities and blocked sinuses as well as for soothing the sensitive nasal mucous membrane, which is especially important for the maintenance of a healthy respiratory system.

WHAT QUIXX® DOES TO IMPROVE YOUR BREATHING

- Effectively relieves nasal and sinus congestion due to colds, flu or allergies
- Actively cleanses the nasal passages
- Moisturises the nasal mucous membrane

Therefore, Quixx® helps to restore nasal functions, resulting in a reduced risk of complications (sinusitis, otitis) and improved breathing.

QUIXX® HAS ALSO FOLLOWING ADVANTAGES

- Contains only natural ingredients
- Free from preservatives
- Does not cause habituation
- Safe in long-term use

2. WHO CAN USE QUIXX®

Adults, children and infants aged 6 months and over.

Quixx® can also be used during pregnancy and breast-feeding.

3. HOW TO USE QUIXX®

Always use Quixx® exactly according to these instructions for use. Please check with your doctor or pharmacist if you are not sure.

Dosage:

Infants (aged 6 months and over) and children:

1 to 2 sprays per nostril 2 to 3 times per day.

Adults:

1 to 3 sprays per nostril 2 to 3 times per day.

No restrictions on duration of use.

Using the spray:

Take off the cap. "Prime" the bottle by pumping the spray several times until a fine mist is produced (Fig. 1). Now the spray is ready for use:

Insert the nozzle into your nostril and press down on the collar either side of the nozzle (Fig. 2). After each use, clean the nozzle and replace the cap.



Fig. 1



Fig. 2

Do not use Quixx® after the expiry date which is stated on the carton after the symbol [Symbol sand glass EN 980](#).

Quixx® can be used for up to 6 months from first day of use.

4. CONTRAINDICATIONS

Hypersensitivity (allergy) to sea water.

5. SIDE EFFECTS

A slight stinging feeling may be experienced at the beginning of use.

6. HOW TO STORE QUIXX®

- Store at room temperature.
- Store out of the reach and sight of children.

7. PACK DESCRIPTION

Quixx® comes in a bottle containing 30 ml solution. The bottle contains a built-in antibacterial system of the pump, which prevents recontamination for the whole period of usage.

Each bottle delivers approx. 220 sprays.

Quixx® is a medical device.

CE

Manufacturer:
Pharmaster
ZI de Krafft
67150 Erstein
France

Distributed by:
BERLIN-CHEMIE AG
(MENARINI GROUP)
Glienicke Weg 125
12489 Berlin
Germany

Last revised 01/2009